

**JICA-APARI
ADDICTION RECOVERY PROJECT FOR THE GRASSROOTS IN THE
PHILIPPINES**

An Evaluation of the Addiction Recovery Meetings in Tatalon, Quezon City

**implemented by the Kapatiran-Komunidad Peoples Coalition (KKPC) in
partnership with APARI, Family Wellness Center and Addictus-Philippines**

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ABSTRACT

This study assessed the transitional effect of the addiction recovery meetings implemented in Tatalon, Quezon City, Philippines.

Using both narrative and case study methods, 10 drug addicts that participated in the recovery meetings from June 2010 to February 2012 were interviewed. The narrative research looked into the individual life stories of the addicts prior to and while participating in the recovery meetings and the case study probed into the process of recovery and its effects

Results of interviews with the participants, aged 18 to 46 years old, show that most came from different family backgrounds, varied in terms of how they got initiated into drug use and its later abuse, and differed in response to recovery.

Findings show that among the 10 addicts that underwent the recovery meetings (AA/NA sessions) facilitated by the Family Wellness, 2 became abstinent, 2 reduced drug use, and the rest still remain in the process of recovery. Those who quit and reduced drug use found the sharing sessions as therapeutic and liberating experience while those who remain in the recovery process needed additional interventions for them to be able to fully recover from their drug use

The study recommends an improved recovery project that includes training of community-based facilitators, livelihood activities, medical services, counseling, sessions on harmful effects drugs and tips on sustained recovery, among others.